Kingsmead Leisure Centre • Pool Programme From November 2023

Day	Pool	Slots
SATURDAY	Main Pool	LANE SWIM 07:00 - 08:00 SWIM SCHOOL 08:15 - 11:45 FAMILY SWIM 12:00 - 13:00
	Teaching Pool	SWIM SCHOOL 08:15 - 11:45 FAMILY SWIM 12:00 - 13:00
SUNDAY	Main Pool	LANE SWIM 09:00 - 10:00 PRIVATE BOOKING 10:00 - 12:00 FAMILY SWIM 12:00 - 13:00
	Teaching Pool	FAMILY SWIM 12:00 - 13:00
MONDAY	Main Pool	LANE SWIM 07:30 - 08:30 LANE SWIM 08:30 - 09:30 SCHOOL SHALLOW AQUA 10:30 - 11:15 SCHOOLS 13:30 - 14:30 GENERAL SWIM 14:30 - 15:30 SWIM SCHOOL 15:30 - 18:30 CANTERBURY SWIMMING CLUB 18:30 - 22:00
	Teaching Pool	SCHOOLS 13:30 - 14:30 SWIM SCHOOL 16:00 - 18:00
TUESDAY	Main Pool	LANE SWIM 07:30 - 08:30 LANE SWIM 08:30 - 09:30 SHALLOW AQUA 09:45 - 10:30 SCHOOLS 13:30 - 14:30 GENERAL SWIM 14:30 - 15:30 SWIM SCHOOL 16:00 - 18:00 LANE SWIM 18:00 - 19:00 LANE SWIM 19:00 - 20:00 CSC
	Teaching Pool	SCHOOLS 13:30 - 14:30 SWIM SCHOOL 15:30 - 18:00 ADULT BEGINNER 18:00 - 18:45
WEDNESDAY	Main Pool	LANE SWIM 07:30 - 08:30 LANE SWIM 08:30 - 09:30 SCHOOLS 10:00 - 11:00 DEEP AQUA 11:45 - 12:30 LANE SWIM 13:30 - 14:30 GENERAL SWIM 14:30 - 15:30 SWIM SCHOOL 15:30 - 18:00 LANE SWIM 18:00 - 19:00 CANTERBURY SWIMMING CLUB 19:00 - 20:30
	Teaching Pool	ADULT BEGINNER 09:15 - 10:00 SCHOOLS 10:00 - 11:00 SWIM SCHOOL 11:00 - 11:30 SWIM SCHOOL 15:30 - 18:00 ADULT BEGINNER 18:00 - 18:45
THURSDAY	Main Pool	LANE SWIM 07:30 - 08:30 LANE SWIM 08:30 - 09:30 GENERAL SWIM 09:30 - 10:30 SHALLOW AQUA 10:45 - 11:30 SCHOOL 13:30 - 14:30 GENERAL SWIM 14:30 - 15:30 SWIM SCHOOL 15:30 - 18:00 LANE SWIM 18:00 - 19:00 ADULT LESSONS CANTERBURY DIVERS CLUB
	Teaching Pool	SWIM SCHOOL 09:30 - 10:30 SCHOOLS 13:30 - 14:30 SWIM SCHOOL 16:00 - 18:30
FRIDAY	Main Pool	LANE SWIM 07:00 - 08:00 LANE SWIM 08:00 - 09:00 SCHOOLS 09:00 - 10:30 DEEP AQUA 10:45 - 11:30 GENERAL SWIM 14:30 - 15:30 SWIM SCHOOL 16:00 - 18:00 CANTERBURY SWIMMING CLUB 18:00 - 21:30
	Teaching Pool	SCHOOLS 09:00 - 10:30 SWIM SCHOOL 14:30 - 15:30 SWIM SCHOOL 16:00 - 18:00

These timetables may be subject to change